

# **TRANSCEND<sup>®</sup>**

## **FAR INFRARED SAUNA**



**Model TR-2**  
**Two Person Sauna**  
**&**  
**Model TR-3**  
**Three Person Sauna**

## **OWNER'S MANUAL**



**HIGH TECH HEALTH**  
INTERNATIONAL

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## SAFETY INSTRUCTIONS / WARNINGS

Please read carefully the following warnings to reduce the risk of burn, fire, electric shock, or injury to persons:

1. Read and follow all instructions carefully *prior to using*.
2. When installing and using this electrical equipment, always follow basic safety precautions.
3. To reduce the risk of injury, do not allow children to use the sauna unless they are closely supervised at all times. Particular attention must be paid to proper hydration and electrolyte levels.
4. Do not use the sauna immediately following strenuous exercise. Wait at least 30 minutes to allow the body to cool down completely. Do not use if you have a fever.
5. Excessive temperatures have a high potential for causing fetal damage during the early months of pregnancy. Pregnant or possibly pregnant women as well as lactating women should not use the sauna.
6. **Hyperthermia Danger:** Prolonged exposure to hot air will induce hyperthermia. Hyperthermia occurs when the internal temperature of the body reaches a level several degrees above the normal body temperature of 37°C (98.6°F). While hyperthermia has many health benefits, it is important not to allow your body's core temperature to rise above 103°F. Symptoms of excessive hyperthermia include dizziness, lethargy, drowsiness, and fainting. The effects of excessive hyperthermia may include failure to perceive heat, failure to recognize the need to exit, unawareness of impending hazard, fetal damage in pregnant women, physical inability to exit the sauna, and/or unconsciousness.
7. The use of alcohol, drugs, or medications prior to or during the sauna session may lead to unconsciousness.
8. Persons suffering from obesity or with a medical history of heart disease, low or high blood pressure, circulatory system problems, or diabetes should consult a physician prior to using the sauna.
9. Persons using medications should consult a physician before using the sauna since some medications may induce drowsiness while others may affect heart rate, blood pressure, or circulation.
10. Exercise care when entering or exiting the sauna.
11. Never sleep inside the sauna while the unit is in full operation.
12. Do not use any type of cleaning agents on the interior of the sauna.
13. Do not stack or store any objects on top of or inside the sauna.
14. If the power supply cord becomes damaged, it must be immediately replaced by the manufacturer or its agent or a similarly qualified person to avoid a hazard.
15. Do not use the unit during an electrical storm, as there is a remote risk of shock.
16. Altering or tampering with any electrical connections on the power supply will void the manufacturer's warranty.

17. Dry your hands before handling electrical controls. Never unplug the power cord or adjust the controls with wet hands or when you have wet bare feet. A danger of electrical shock exists.
18. Do not attempt any repair without consulting the manufacturer first. Unauthorized repair attempts will void manufacturer's warranty.
19. A sauna draws more current than small appliances. Plug the sauna directly into a wall outlet. Do not use with an extension cord or power strip.
20. Make sure the power cord fits snugly in the wall outlet. A loose fitting outlet can cause the plug to overheat or cause a fire. After using your sauna, make sure the plug and outlet are not hot – if so, discontinue using your sauna and have the outlet replaced by a qualified electrician.
21. We strongly recommend the use of a **GROUND FAULT CIRCUIT INTERRUPTER (GFCI)** device in any potentially wet locations.
22. Prior to using, wipe down all wood surfaces, inside and out, with a damp cloth. Set the timer for thirty (30) minutes and the temperature to 140 °F (60 °C). This is intended to burn off any miniscule factory dust that may have accumulated on the heaters. Still you may notice a slight "new wood" smell during the first few uses.
23. Unplug the sauna when not in use.
24. Do not put the sauna in a moist environment.
25. Place sauna on level surface.
26. Do not repair the product by yourself.
27. Do not disassemble the product by yourself except as indicated in the manual.
28. Do not spray the heater with water.
29. Do not use the product for any other purpose than originally designed and intended.
30. Do not directly touch the heater with hands or body.
31. No sauna session should exceed one hour.
32. It is not recommended that sauna temperature exceed 150°F (65 °C) unless approved by your doctor.

## IMPORTANT SAFEGUARDS

1. Read instructions – All the safety and operating instructions should be read before the sauna is installed and operated.
2. Retain Instructions – The safety and operating instructions should be retained for future reference.
3. Heed All Warnings – All warnings on the sauna should be adhered to.
4. Follow Instructions – All operating and usage instructions should be followed at all times.
5. Cleaning – Unplug the sauna from the wall outlet before cleaning. Do not use liquid cleaners or aerosol cleansers inside the sauna. Use a damp cloth for cleaning.
6. Attachments – Do not use attachments that are not recommended by the manufacturer, or they may cause hazard.
7. Water or Moisture – Do not place this product near water, such as a bathtub, in a wet basement, or near a swimming pool.
8. Grounding or Polarization – This sauna is intended for use with a 3-wire properly grounded power outlet. Do not defeat the safety purpose of the supplied power cord and plug.
9. Power Sources – This product should be operated only from the type of power source indicated on the marking label. If you are not sure of the type of power supplied to your home, consult your local power company.
10. Power Cord Protection – Power supply cords should be routed so that they are not likely to be walked on or pinched by items placed upon or against them.
11. Lightning – For added protection of this product during a lightning storm, or when it is left unattended and unused for long periods of time, unplug it from the wall outlet.
12. Overloading – Do not overload wall outlets and extension cords as this can result in a risk of fire or electrical shock.
13. Servicing – Always unplug this product from the wall outlet before servicing the product.
14. Power Supply – Do not remove the cover on the power supply. There are no user-serviceable parts located inside.
15. Replacement Parts – When replacement parts are required, be sure to use replacement parts specified by the manufacturer. Unauthorized substitutes may result in fire, electrical shock, or other hazards.
16. Safety Check – Upon completion of any service or repairs to this product by a service technician, ask the service technician to perform safety checks to determine that the product is in proper operating condition.

# CONTENTS OF SHIPPING BOXES

Box 1 of 4:

- Front Panel
- Left Front Glass
- Back Panel

Box 2 of 4:

- Right Side Panel
- Long thin box holding door magnets and left front window seal:



- Left Side Panel

Box 3 of 4:

- Backrest
- Bench Top
- Bench Heater
- Small Parts Box
- Roof Panel
- Floor Panel

Box 4 of 4:

- Right Front Heater
- Left Front Heater

## SMALL PARTS LIST:

CONTENTS OF LONG THIN BOX NOT SHOWN: Two door magnets, left front window seal.



Inside the Small Parts Box:

- 1/8" phono audio cable



- Bag with Bolts (for the door handles) & extra screws
- Bag with Screws (for the backrest and bench) & extra screws



- Bag with Wood Covers for Screw Holes (optional)



- Bag with Allen Key and Screws (for the Brackets for the Glass)
- Bag with Square Wood Cover (optional)
- Door Handles



## READ BEFORE INSTALLATION

- Read all safety instructions.
- Each panel is heavy. Be careful to avoid injury when installing, especially the top panel.
- Two adults are required for the installation of the sauna.
- Have a piece of cardboard or a towel handy that you can use to stand on when inside the sauna to prevent your shoes from getting the sauna dirty.
- When you unpack the two heater cabinets, please do not stand them on end. Carefully lie them on their sides so that they cannot fall over and break the wood table-top piece.

The panels should be installed in the following order:

Floor Panel → Back Panel → Left Side Panel → Left Front Glass → Right Side Panel → Bench Heater Panel → Bench Top Panel → Front Panel → Roof Panel

## CHOOSING A LOCATION FOR YOUR SAUNA

When choosing a location, there are two important considerations to keep in mind. First, the sauna should always be placed on a level surface. Second, the sauna must be placed indoors in a dry area. Moisture may cause damage to the interior or exterior of the sauna. The basement, attic, garage, playroom, or spare bedroom, are just a few of the possible locations for your sauna.

## INSTALLATION

### 1. FLOOR PANEL

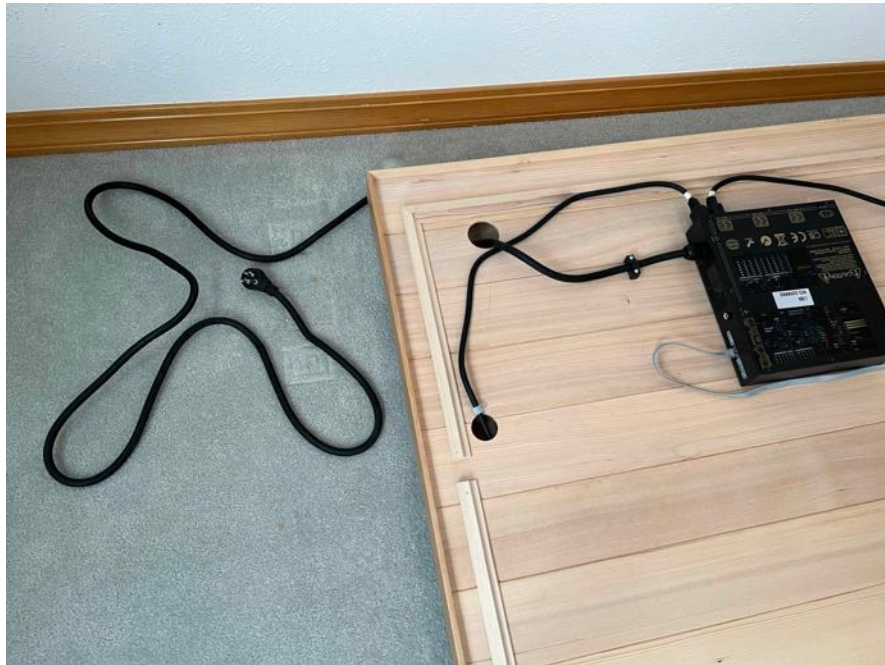
Place the floor panel in the desired location on a level surface (Note: The floor panel must be level before installing wall and ceiling panels. If the surface is not level you may need to shim the bottom panel to make it level.) The side with the metal box goes in back.





## 2. POWER CORD

Feed the power cord coming from the metal control box at the floor panel through the hole in the floor panel.



Now is a great time to confirm that the power cord will reach your intended power outlet (do not plug in the sauna yet):



### 3. BACK PANEL

- a) Before placing the back panel onto the floor panel, you will need to remove the white foam that covers each of the 6 latches on it.



- b) Place the back panel onto the floor panel. The end with the cables is at the bottom. Make sure that there is equal space on the left and right side of the back panel for later when you add the side panels.

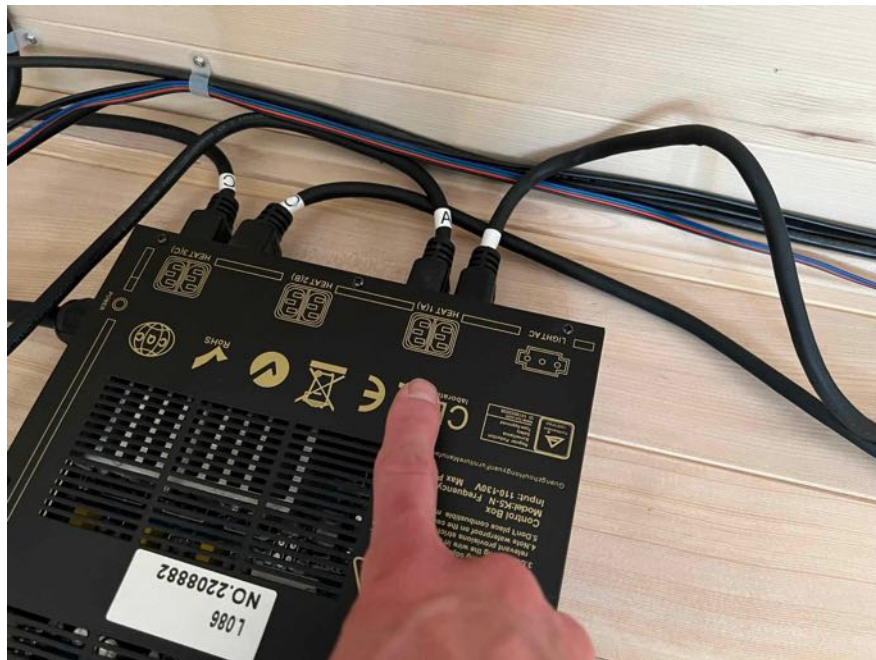
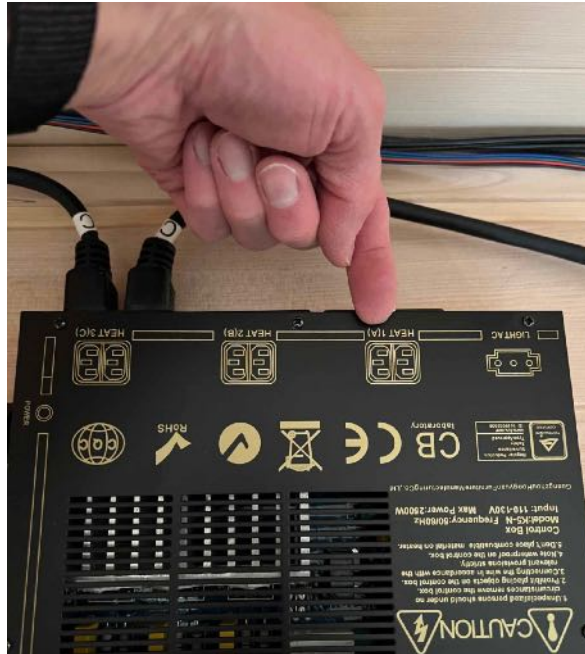
#### 4. LEFT SIDE PANEL

Place the left side panel onto the floor panel. A tongue runs down the edge of the side panel and it will need to be inserted into the groove in the back panel. Close the 3 latches on the back panel that lock the side panel in place.



## 5. CONNECT CABLES

- a) Connect the two cables coming out of the floor panel in front of the control box to the control box (match 'A' on the cable to 'A' as marked on the back of the control box):

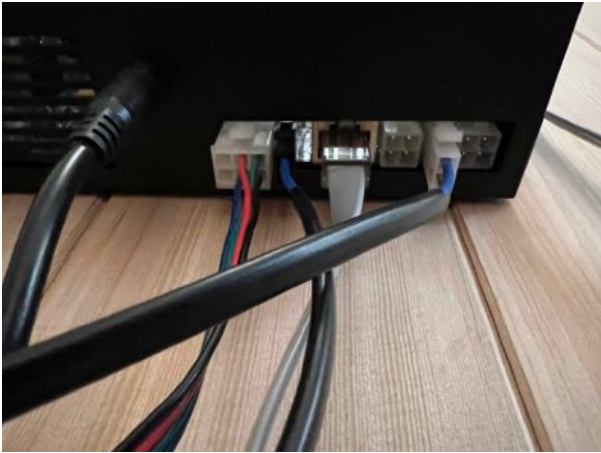




b) Connect the bundle of cables coming from the back panel to the left side of the control box.

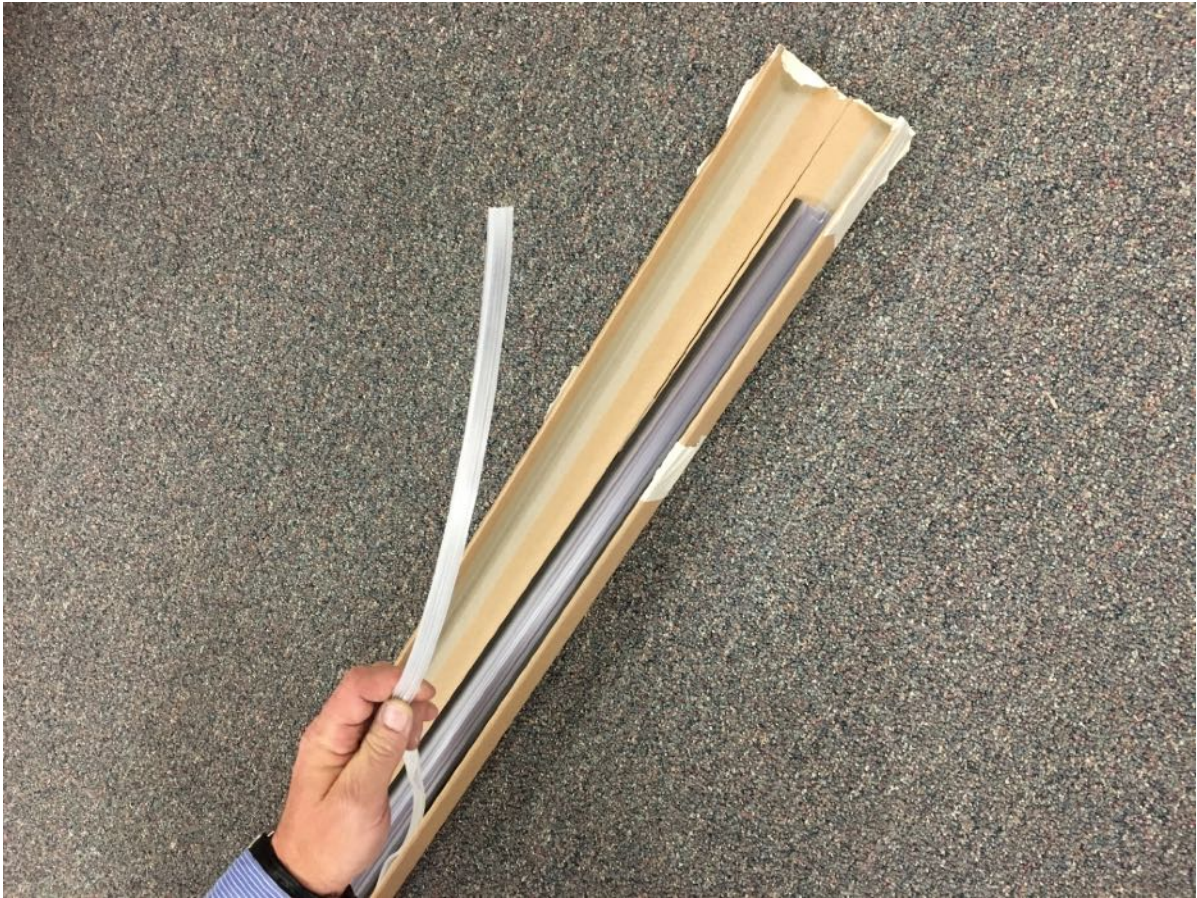


Note that 2 of the cables are similar, but one is black and the other is white. The black one connects to the receptacle labeled “RT”. The white one connects to the receptacle labeled “LIGHT”.



## 6. LEFT FRONT GLASS

Retrieve the left front glass seal from the long thin box:



Place it on the left side of the left front window (the side that has the bracket). Start at the top, leaving a space of about ¼ inch (about half a centimeter) and work your way down:





To place the side glass into the sauna, start by placing the bottom right corner of the glass in the floor panel. Then push the glass into the side panel:



Note that if the glass is seated properly, the seal on the edge will sit evenly inside the groove in the left side panel.

There are 2 “L” brackets that secure the glass to the floor panel, and 1 “L” bracket that secures the glass to the left side panel. Use the 3 screws that are in the bag with the Allen key – be careful not to over tighten the screws:





## 7. LEFT FRONT HEATER

Retrieve the left front heater. If necessary, pull the cable out of the hole in the bottom of the heater:



Attach the cable from the heater to the cable from the floor panel:



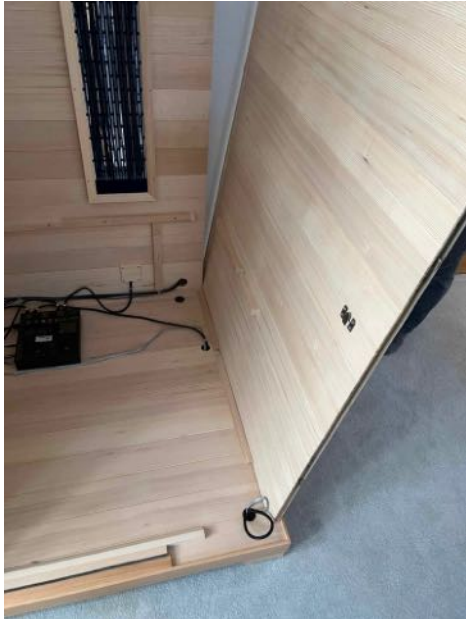
Push the excess cable into the floor so that it will not get in the way when the heater is installed.

Notice the metal hook in the left side panel and the corresponding metal hook on the heater. Use these two hooks to secure the heater to the left side panel. The easiest way to accomplish this is to align the heater against the left side panel about an inch or two above its final position and then lower it into place:



## 8. RIGHT SIDE PANEL

Attach the right side panel just like you attached the left side panel. Close the 3 latches on the back panel to secure the right side panel in place.



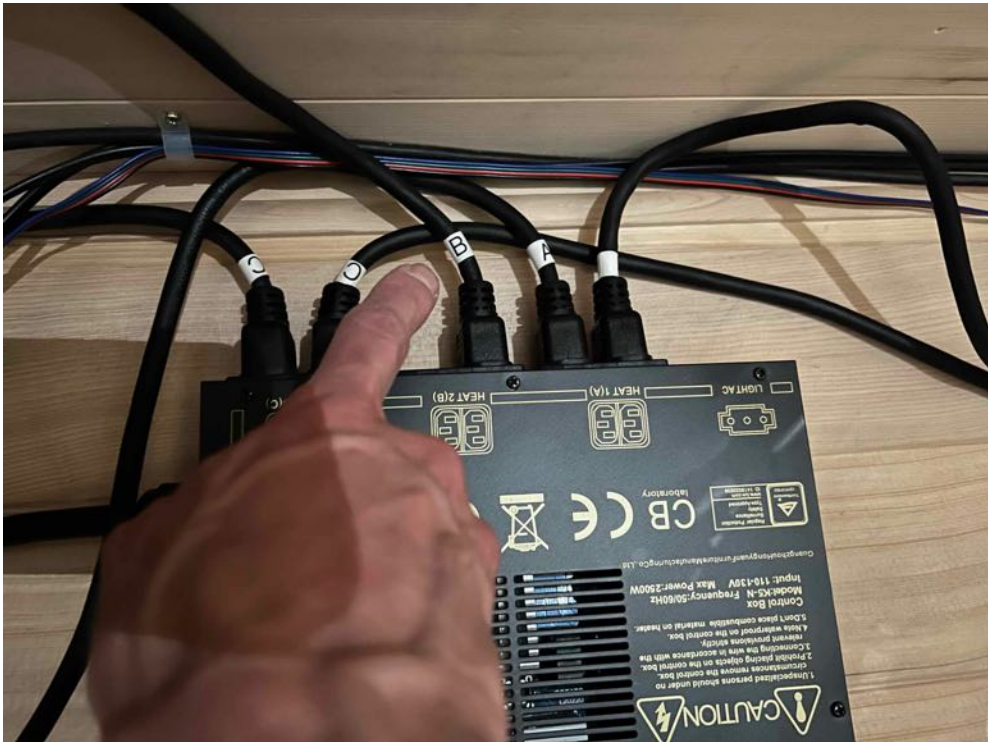
## 9. BENCH HEATER

a) Slide the bench heater down into place.





b) Attach the cable from the back of the bench heater, labeled “B” to the top of the control box at a receptacle labeled “B”.



## 10. BENCH TOP

It is easiest to do this by aligning one side to a side wall and then lowering into place.



OPTIONAL: You can add 2 screws from the screws bag to the holes at the sides of the bench top to secure it in place.

## 11. BACKREST

Place the backrest into position. Adjust the vertical alignment to where it is most comfortable for the people who will be using the sauna and make sure the horizontal alignment is centered. Then add 6 screws from the screws bag to the holes in the backrest to secure it to the back panel. Be careful not to over-tighten the screws.



## 12. FRONT PANEL

Move cables on the floor out of the way.



TIP: It is easier to move the front panel to the sauna by opening the door all the way and carrying it this way:





With the glass door still folded over the wood side of the front panel, place the bottom of the wood side of the front panel into the floor panel:



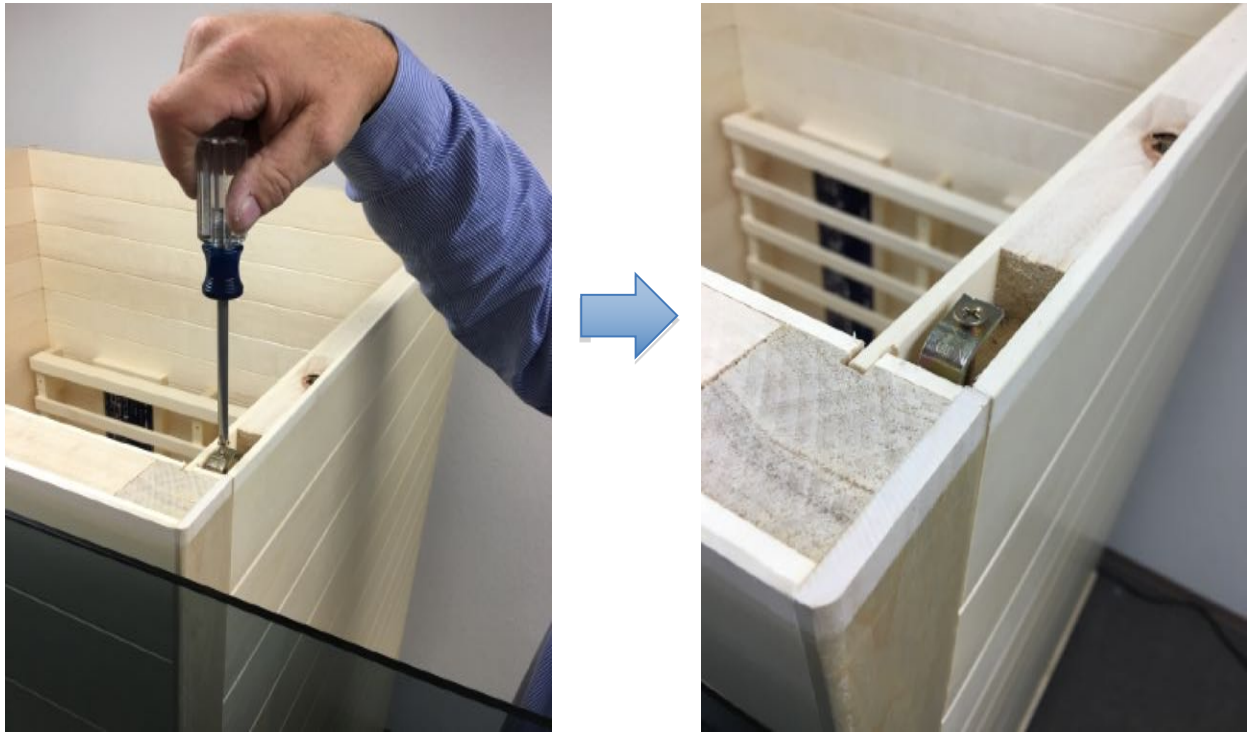


Before putting the front panel fully into place, make sure the right side panel's edge connection mechanism (located at the front of the top of the right side panel) is lifted up so that the "hooks" on the edge of the right side panel can insert into their matching slots on the front panel's edge. You can then complete the connection by tapping down the connection mechanism with a hammer -- **have a second person hold the front wall panel while you do this** to prevent the front panel from falling.



Add a screw to lock down the connection mechanism.

(OPTIONAL: Instead of adding the screw, wait and let the addition of the roof panel lock the connection mechanism in place. **WARNING:** If you do not add the screw, the front panel may not be 100% securely held in place until you add the roof panel.)



### 13. FRONT RIGHT HEATER

On the inside of the sauna, connect the cable with the white connector from the floor panel at the front of the sauna to the white connector at the bottom of the front right heater.



Pass the gray cable from the front panel through the side of the heater and out the bottom of the heater. Connect that cable to the gray cable from the floor panel.



Tuck as much of the extra cable length with the connectors into the floor panel.



Notice the metal hook in the right side panel and the corresponding metal hook on the heater. Use these two hooks to secure the heater to the side panel. The easiest way to accomplish this is to align the heater against the side panel about an inch or two above its final position and then lower it into place:



#### 14. ROOF PANEL

- a) Before adding the roof panel, notice the labels on the connections at the top of the back panel. The bottom right one in the picture below says “FAN DC 12V”. We will be connecting the wires labeled “12V” to that connection.



b) Add the roof panel -- be sure the speakers on the roof panel are oriented toward the front of the sauna.



**15. CONNECT THE CABLES FROM THE ROOF TO THE BACK PANEL**

Located at the back right corner on top of the roof are 4 connections to be made:



Two of the cables are the same size with 2 possible locations to connect them. The cable labeled “12V” will connect to the receptacle that is closest to the outside corner of the sauna.



## 16. DOOR HANDLES

When placing the door handle, the side with holes that go all the way through it goes inside the sauna. The handle with holes that do not go all the way through is for the outside. Insert 2 bolts from the bag with bolts – be careful not to over-tighten.



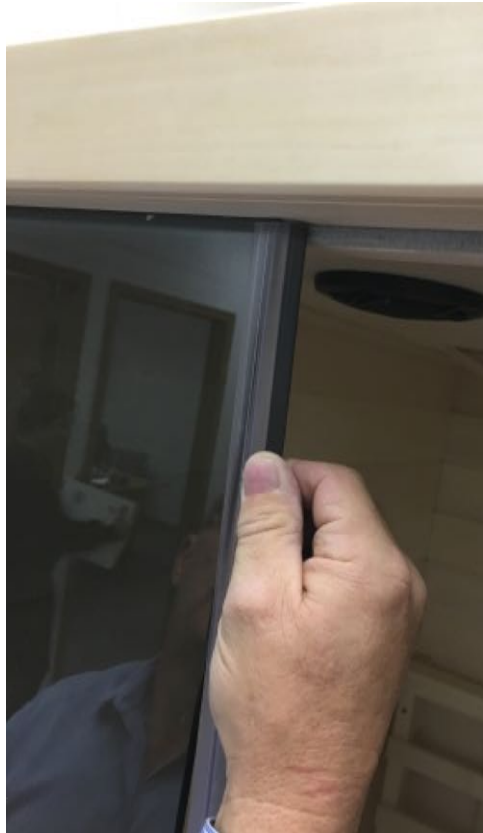
## 17. DOOR MAGNETS

Retrieve the 2 door magnets from the long thin box:





Make sure that the one you attach to the right side of the left front window has its magnet aimed outward so that the door's magnet will make contact when the door is closed. Push the magnet onto the glass starting at the top and working your way down:



The other side of the magnet attaches to the side of the door. Make sure the magnet aims towards the inside of the sauna such that it will contact the magnet on the other side. Push the magnet onto the door starting at the top and making your way down.



## 18. CONNECT THE POWER CABLE TO THE WALL

Now you can plug the power cord for your sauna into the wall and you are done assembling your new sauna!

Before using your sauna for the first time, wipe down the inside of the sauna with a damp cloth to remove sawdust.

You will have leftover screws – those are extras.

Congratulations on completing the installation!

## USING YOUR SAUNA

Review all health and safety instructions. If in doubt as to the advisability of using your sauna, consult with your doctor. If you feel light-headed or heat-exhausted during a session, exit the sauna immediately.

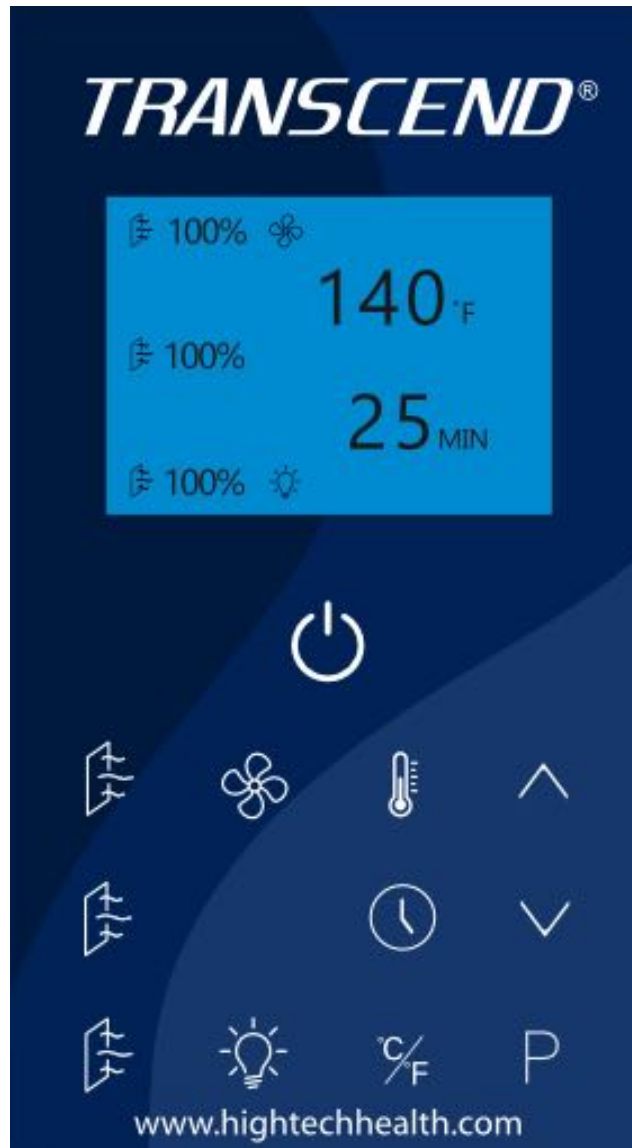
1. Set the desired session temperature and time using the control panel (see Operating Instructions).
2. Get inside your sauna as soon as it is warm enough for you to be comfortable (approximately 5 to 10 minutes). Most people find 100 °F (36 °C) to be the perfect temperature to get in and start their sauna session. The sauna temperature will continue to rise until it reaches the maximum temperature set with the control panel.
3. Perspiration will usually begin within 10 to 15 minutes after stepping into the sauna.
4. We recommend that a sauna session does not exceed 30 minutes.
5. When the temperature reaches the level set on the control panel, the heaters will turn off and on periodically in order to maintain the set temperature inside the sauna. The heaters continue to emit far infrared as they cool.
6. The ceiling vent and/or fan can be used at any time to introduce fresh air into the sauna. You can also open the door to introduce even more fresh air into the sauna. Infrared's unique property of heating the body directly without heating the space in between allows the users to enjoy all of its benefits while the vent or door of a sauna is open for ventilation.
7. Always drink plenty of water before, during, and after a session. Doing so will replenish fluids lost from the body through perspiration.
8. Choosing to take a hot shower or bath, or doing some light exercise prior to the sauna session will further promote perspiration. However, dry off thoroughly before going into the sauna because excessive water will stain or warp the wood. A warm to cool shower after the session is refreshing and rinses perspiration from the body.
9. To absorb perspiration and keep the sauna tidy during the session, place a towel on the bench and floor of the sauna. Keep an extra towel handy to wipe excess sweat from your body.

## ADDITIONAL TIPS FOR USING YOUR SAUNA

1. We suggest opening the roof vent and turning on the exhaust/air intake fan.
2. If you feel the need for more cooling, simply leave the door open until the air around you feels comfortable enough.
3. Drink plenty of fluids prior to, during, and after your session. Use the time while waiting to get into the sauna to drink some water.
4. Drink mineral-rich water to help maintain electrolytes in the body that are lost with the sweat, as well as promote increased toxin excretion via the urine and stool.

5. You can induce more sweating if you take a hot/warm shower or bath before your sauna session. Drinking hot liquids, exercising, or brushing the skin with your towel or a skin brush can increase perspiration.
6. To utilize the sauna's heat therapy effect, give your hair a hot oil treatment while in the sauna. Put oil or treatment into your hair and wrap it with a towel. After the session is over, rinse your hair thoroughly.
7. Use at least 3 towels. Sit on one towel folded over several times for added cushioning. Put another towel on the floor to absorb extra sweat. A third towel is used to wipe off perspiration as it occurs.
8. Be sure to towel off excess sweat during your session to help the body perspire more freely.
9. To help relieve sore and tense muscles, massage the affected areas while in the sauna to help heal faster.
10. Do not put any lotions or oils on the body or face when using the sauna. This may block the pores and hinder perspiration. Wash lotions off of the body prior to using your sauna.
11. Shaving your face or legs while profusely sweating in a sauna yields an incredibly smooth result without the use of gels or foams.
12. Do not eat anything at least an hour before your sauna session. It is better to go in the sauna on an empty stomach. You are more likely to feel uncomfortable sitting in a sauna with a full stomach.
13. To make the most out of your sauna session, work your muscles while in the sauna. Stretch your arms and legs, massage your neck, massage your feet, etc.
14. At the first sign of cold or flu, increasing your sauna sessions may be beneficial in boosting your immune system and decreasing the reproductive rate of the viruses. Do not use the sauna if you already have a fever. Consult your physician for the proper treatment and care for this or any other medical conditions.
15. To treat your ankles and feet even more effectively, elevate them while inside the sauna. Any area that you wish to receive a deeper heating effect should be moved as close to one of the heaters as feels comfortable.
16. After the session is over, do not immediately jump into the shower. Since your body was heated up during the session, it will continue to sweat even after the heaters are off. Sit in the sauna with the door open and let the body cool off. Once you feel comfortable enough, take a shower to rinse the perspiration off your body.
17. Many people find that the peaceful and relaxed state rendered by a sauna session helps them sleep easier and better and so go to sleep after a sauna session. Still others find sauna sessions energizing and find using them first thing in the morning to be most beneficial. Experiment to find out what is best for you.

## OPERATING INSTRUCTIONS – KEYPAD



### TURNING ON YOUR SAUNA

1. Once the sauna is plugged in, press the power button (the circle with a line through it) to activate the keypad.
2. Press the power button a second time and the sauna will begin heating to the set temperature. You will see the heater icons appear on the left side of the keypad to indicate that the heaters are on. The sauna will heat until the set time expires at which point it will stop heating.

### TURNING OFF YOUR SAUNA

1. If it is currently heating, press the power button once to stop the sauna session.
2. Press and hold down the power button for several seconds to turn off the heating and

deactivate the keypad.

## **ADJUST THE MAXIMUM TEMPERATURE**

Press the thermometer button. Then press the up or down arrows to increase or decrease the maximum temperature.

It is best to use your sauna starting from the lowest temperature that makes you comfortable – it is not necessary nor recommended to wait to use your sauna until it reaches the set maximum temperature. The heaters will reach their full infrared output within only about 5 minutes after turning on your sauna.

When the sauna reaches the set maximum temperature, the power to the heaters will change to 25% until the sauna cools enough to need more power to reach the set maximum temperature again. With particularly low settings for maximum temperature, it is possible that 25% power is enough to continue increasing the temperature inside your sauna.

## **ADJUST THE SESSION DURATION**

Press the clock button. Then press the up or down arrows to increase or decrease the session duration.

## **TO CHANGE THE TEMPERATURE DISPLAY BETWEEN °F AND °C.**

Simply press that button!

## **USING THE BUILT-IN PROGRAMS (the “P” button)**

If you press the “P” button once, the number “10” will appear on the right side of the keypad. This will set the sauna to a 10-minute session at your already-set maximum temperature.

If you press the “P” button a second time, the number “20” will appear on the right side of the keypad. This will set the sauna to a 20-minute session at your already-set maximum temperature.

If you press the “P” button a third time, the number “30” will appear on the right side of the keypad. This will set the sauna to a 30-minute session at your already-set maximum temperature.

If you press the “P” button a fourth time, it will take your sauna out of the programmed modes and back to regular function.

## **TO CHANGE THE POWER LEVEL OF THE HEATERS.**

The left column of buttons controls the heater power for each of 3 zones independently. Please note that any power setting less than 100% will result in your sauna heating up slower. You might choose to reduce the heater power to increase your comfort, for instance at the backrest. Another reason to reduce heater power is if you are particularly sensitive to heat initially, you can slow the rate that your sauna heats up.

Pressing the top heater button will cycle the heater power to the backrest heaters from 100% → 75% → 50% → 25% → 0% → and back to 100%.

Pressing the middle heater button changes the heater power to the bench heater.

Pressing the lower heater button changes the heater power to the front heaters.



## OPERATING INSTRUCTIONS – LIGHTS

Your sauna will default to the white reading light when your keypad turns on.

To change the colors of the light, press the light bulb button on the keypad. Pressing it will cycle through various preset colors. The last preset before it cycles back to the white light is a setting the loops through all of the colors.

To turn the light off, hold down the light bulb button for a few seconds.

## OPERATING INSTRUCTIONS – AUDIO

Your sauna is equipped with Bluetooth so that you can stream music from a phone or tablet. Alternatively, you can directly connect a source of audio.

To use any audio, you must turn the power on to the audio system using the switch in the ceiling of your sauna.

To stream Bluetooth audio, use your phone or tablet to connect to “IR Sauna” from its Bluetooth settings. You will adjust the volume from your phone or tablet.

To connect an audio source directly to your sauna, use the included audio cable. Connect one end of this cable to the audio box in the roof of your sauna. You can access the audio box by lifting the door at the top of your sauna in the front right corner. Connect the cable to the available jack at the front of the black box inside. Connect the other end of the cable to a headphone jack or line-out connection from phone/tablet/other electronics. When this cable is connected to the sauna, Bluetooth is automatically disconnected.

There is an accessory shelf separately available for purchase that can hang from the front right corner of the top of your sauna to hold your phone or tablet device while it is connected to your sauna.



## TROUBLESHOOTING GUIDE

**PROBLEM:** The sauna is plugged in and has power, but the keypad has no lights and is unresponsive.

**SOLUTION:** Please check the electrical connections located at the control box under the bench, as well as the connections between the front panel and floor panel located under the front right heater.

**PROBLEM:** The light, audio, or fan do not have power or are otherwise unresponsive.

**SOLUTION:** Please check the connections between the back panel and roof panel accessible in the back right corner of the roof. For the light, check the “LED” connection. For audio, check the “BT” (Bluetooth) connection. For the fan, confirm that the “12V” cable is fully connected to the “FAN” connector. Please note that the “FAN” and temperature sensor connectors are the exact same size and could be accidentally swapped, causing the malfunction.



**PROBLEM:** No heat or low heat.

**SOLUTION:** Place your hand in front of each heater and attempt to identify which heaters might not be producing heat.

If the problem is with a heater in the back panel, please check the connections to the control box underneath the bench.

If the problem is with a heater in the front of the sauna, please check the connections to the control box underneath the bench, and also check the heater connections located under the front heaters and make sure the white connectors are all well seated. To remove the front heaters, lift them directly up. See pictures below:

For front right heater:  
(lift up heater to see connection):



For front left heater  
(lift up heater to see connection):



**PROBLEM:** The sauna is making a beeping sound and the temperature display on the keypad says "L".

**SOLUTION:** The temperature sensor is disconnected. Please check the connections between the back panel and the roof panel located at the back upper right of the sauna. Please note that the "FAN" and temperature sensor connectors are the exact same size and could be swapped, causing the malfunction.



## **WARRANTY**

Your High Tech Health Transcend® Sauna is warranted to be free from manufacturing defects in material and workmanship:

- 1) Heaters: 5 years from date of purchase**
- 2) Electronics (not related to the stereo): 5 years from date of purchase**
- 3) Cabin: 5 years from date of purchase**
- 4) Stereo System: 1 year from date of purchase**

This warranty does not cover any problems that result from external causes such as accident, abuse, normal wear and tear, misuse, or problems with electrical power or water damage. Nor does it cover any problems resulting from unauthorized servicing, failure to follow product use instructions, any modification, small cracks or color change due to aging, or failure to perform preventative maintenance. The sauna must be purchased and installed in the United States or Canada within one year of the manufactured date. Freight charges to and from the customer are the responsibility of the customer. This includes freight charges for warranty replacement parts shipped to enable the services of your sauna. Replacement parts are inspected and tested for quality and covered under the warranty for the remainder of its duration.

High Tech Health International's responsibility for malfunctions and defects in product is limited to repair and replacement as set forth in this warranty statement, for the term of the warranty period. Except for the express warranties contained in this warranty statement, High Tech Health International disclaims all other warranties and conditions of merchantability and fitness for a particular purpose, statutory or otherwise. Some jurisdictions do not allow the exclusion of certain implied warranties or conditions, or limitations on how long an implied warranty or condition lasts. Therefore, the foregoing exclusions and limitations may not apply to you.

Neither High Tech Health International, Inc., nor any of its representatives accept liability beyond the remedies provided for in this warranty statement or for special, indirect, consequential, or incidental damages, including, without limitation, any liability for third-party claims against you for damages, or for products not being available for use. In no case shall our liability be more than the amount you paid for the product that is the subject of a claim. This is the maximum amount for which we are responsible. Some provinces do not allow the exclusion or limitation of special, indirect, incidental, or consequential damages, so the above limitation or exclusion may not apply to you.

This warranty is non-transferable and applies to the original purchaser only. This warranty gives you specific legal rights, and you may also have other rights that vary from jurisdiction to jurisdiction. Any customer disputes will be referred to binding third party arbitration. Specifications are subject to change without notice.

### **What do I do if I need warranty service?**

Please call us at 1-888-878-8300 (or at +1 303-413-8500 and select customer service).

## CLEANING & MAINTENANCE

1. To clean your sauna simply wipe it down with a damp cloth.
2. To absorb perspiration during a sauna session, we recommend placing a soft towel on the floor and on the bench of the sauna.
3. In order to maintain a clean and pleasant atmosphere inside your sauna, please do not leave damp towels on the bench or floor. Remove them immediately after the session is over.
4. Scratches and stains on the sauna can be removed by simply applying a fine grade sandpaper to the affected area.

## STORAGE

Do not place or store product in a moist environment or in direct sunlight

## SPECIFICATIONS TR-2

<b>Product Name</b>	<b>Transcend® Infrared Sauna</b>
<b>Product Model No.</b>	<b>TR-2</b>
<b>Product Size</b>	<b>48 ¼ in. (W) * 46 ¼ in. (D) * 77 in. (H)</b>
<b>Weight</b>	<b>307 lbs (139 kg)</b>
<b>Power Supply</b>	<b>AC 120V</b>
<b>Power Consumption</b>	<b>1620W</b>
<b>Triple Antifield Heaters</b>	<b>Patent US 9,770,386 &amp; Patent US 10,765,597</b>

## SPECIFICATIONS TR-3

<b>Product Name</b>	<b>Transcend® Infrared Sauna</b>
<b>Product Model No.</b>	<b>TR-3</b>
<b>Product Size</b>	<b>67 ¾ in. (W) * 46 ¼ in. (D) * 77 in. (H)</b>
<b>Weight</b>	<b>515 lbs (234 kg)</b>
<b>Power Supply</b>	<b>AC 120V</b>
<b>Power Consumption</b>	<b>1920W</b>
<b>Triple Antifield Heaters</b>	<b>Patent US 9,770,386 &amp; Patent US 10,765,597</b>

Serial Number: \_\_\_\_\_

Date of Purchase: \_\_\_\_\_

**Supplier's Declaration of Conformity**  
**47 CFR § 2.1077 Compliance Information**

**Unique Identifiers:** High Tech Health® Transcend® TR-2, High Tech Health Transcend TR-3

**Responsible Party – U.S. Contact Information:**

High Tech Health International, Inc.  
2770 Arapahoe Rd.  
Ste. 132-639  
Lafayette, CO 80026  
(303) 413-8500  
<https://www.hightechhealth.com>

**FCC Compliance Statement:**

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

## CERTIFICATIONS

Your sauna has been independently tested for safety and confirmed to meet safety standards for the United States and Canada.



Your sauna has been tested and confirmed to meet safety standards for the European Union by TÜVRheinland.



## CORRECT DISPOSAL OF THIS PRODUCT



This marking indicates that this product should not be disposed with other household wastes throughout the EU. To prevent possible harm to the environment or human health from uncontrolled waste disposal, recycle it responsibly to promote the sustainable reuse of material resources.



## HIGH TECH HEALTH CUSTOMER SERVICE

In the United States: 1-888-878-8300

Outside of the United States: +1 303-413-8500

Email: [cs@hightechhealth.com](mailto:cs@hightechhealth.com)

[www.hightechhealth.com](http://www.hightechhealth.com)

# **High Tech Health International, Inc.**

**+1.303.413.8500**

**Toll Free in the United States:  
800.794.5355 (Main)  
800.878.8300 (Customer Service)**

**[www.HighTechHealth.com](http://www.HighTechHealth.com)**

**5621 Arapahoe Avenue, Suite D  
Boulder, Colorado 80303**



**HIGH TECH HEALTH  
INTERNATIONAL**